

CURRICULUM VITAE
STEINA ÖHMAN

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Date of birth 16.11.1982



EDUCATION

Advanced Actor's Lab, Actors Academy Finland, 2026

Degree Programme in Performing Arts Pedagogy, UAS Novia, 2023.

BA of Culture and Arts in Performing Arts, Physical Theatre, Svenska Yrkeshögskolan (UAS) 2007.

SELECTED CREDITS

Performing

2025 S-group "Herkku" TV commercial

2021 "Ivan, Kettu ja Tulilintu", Dancetheatre Raatikko

2020 "Finale", by and with Tushar Mathew & Steina Öhman, Auroville, Tamil Nadu, India

2017 "Fear walkers", Auroville Theatre Group (India) & Polygon teatteri

2016 "Oikeamielinen kenraali karkotetaan", Wusheng Company. Asia in Helsinki -festival, Stoa, Helsinki

2016 TV series "Hittehatt", YLE

2015 TV series "Kom vi flyger!", YLE/Malakta

Directing

2022 "Project Hirviöt", devised piece with theatre ensemble Physical Opera, Helsinki

2017 "Song of the Goddess". Kanneltalo, Helsinki. A performance about womanhood and the many faces of the Goddess, for five dancers-actors

2013 "Vasilisa". UAS Novia, physical theatre, 2nd year students. Adaptation of a Russian folk tale about a girl in search of her inner flame. Also short version in English for tour in India 2013.

Special skills

Salsa, west coast swing, watsu, physical expression, martial art, Indian classical dance, basic acrobatics, singing; driving car, truck, motorcycle

Language skills

Finnish	mother tongue
Swedish	second mother tongue
English	excellent
French	good
Chinese	basics